

This free Thursday evening lecture series is a partnership between Framingham State University and Framingham Public Library. All lectures take place at the Framingham Public Library and stream live at youtube.com/FraminghamPublicLibrary unless otherwise noted. For more information, visit framinghamlibrary.org.

### **Forest Bathing**

#### Dr. Kelly Ann Kolodny, Professor of Education, FSU

Get an introduction to shinrin-yoku or forest bathing. Developed in Japan in the 1980s, this practice recognizes the physical, mental, and spiritual benefits that unfold from spending increased time in the natural world.

How the Supreme Court IAN Helped Give Birth to Jazz 7pm Paul Buono, Jazz Pianist & Lecturer

in Music, Assumption College

Find out how unique facets of American history, including the post-Civil War Reconstruction era, minstrel shows, and the famous Plessy v. Ferguson case, provided the environment for jazz music to be born in New Orleans.

FEB 1 7pm

JAN

11

18

7pm

## What Get Back Gets Wrong

Tim Riley, Associate Professor & Graduate Program Director, Emerson College

NPR rock critic and Beatles author Tim Riley discusses Peter Jackson's Get Back series, which uses archived footage from the Beatles Let It Be rehearsals in January of 1970.

#### The 2024 Presidential FEB Election (so far) 22 7pm

Dr. David Smailes, Associate Professor of Political Science, FSU

Learn about the direction of the 2024 presidential election as it has unfolded so far and how we might learn from previous campaigns for the presidency to understand where this year's election might be heading.

MAR 7 7pm

MAR

14

7pm

# "Temples in My Mind," Charles **Dickens and His Illustrators**

#### Dr. Helen Heineman, President Emerita, FSU

This lecture examines the works of illustrators who worked closely with Dickens to visualize his stories. This lecture to take place on Zoom. Register for the Zoom link at bit.ly/FPL-Events.

# **Cultural Competency: Ingredients** for Student Success

#### Dr. Jeffrey K. Coleman, Vice President for Diversity, Inclusion, and Community Engagement, FSU

Learn how to foster cultural competency through curricular and co-curricular experiences. Hear about the impact of those experiences on students.



# Athletes and the Mental Health Crisis

#### Dr. Ira Silver, Professor of Sociology, FSU

Learn about the significance of athletes bringing attention to one particular cause: the mental health crisis in American society.

MAY 2 7pm

## In Search of Mary Miles Bibb: African American Educator, **Abolitionist and Journalist**

### Carol Gray, Assistant Professor of Political Science, University of Alaska Fairbanks

This lecture to take place on Zoom. Register for the Zoom link at bit.ly/FPL-Events.

#### Attend these lectures in-person at the Main Library or watch live on YouTube at bit.ly/FPL-YT.

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